



Unity of the Shenandoah

FEBRUARY 26, 2010

VOLUME 8, NUMBER 9

META MOMENTS

Dear Beloved Ones,

This Sunday I will be talking about the infinite potential we have within us just like Jesus had and demonstrated. Thank you for answering the call for the financial support for your church. Your generosity of Spirit is one form of the infinite potential that is a God given gift.

I give thanks in advance for the continued blessings that you are to your spiritual home and in my own life.

Loving you now and always,

Rev. Airin

THIS WEEK AT UNITY

◆ Sunday, February 28th –

10:00am – Sunday Service. Youth Education is held each Sunday at the same time as our Sunday service.

Message – *Being Jesus* – Rev. Airin Wolf

Hymns

211 – Oneness

Insert – Draw the Circle Wide

Special Music – Dana Agnellini

Special Music at Unity

February 28	Dana Agnellini
March 7	Unity Choir & Rob Romich
March 14	Donna Cary
March 21	Unity Choir & Kyle Masson
March 28	Caroline Clark

Study Groups – All are invited to attend...

Thursday, March 4th– 6:30pm, Course in Miracles meets at the church. Contact Karen Hade at kmhade@gmail.com or 540-635-1385 for more information.

UPCOMING EVENTS

- ◆ **Saturday, February 27th** – Dana Agnellini Concert, 7 – 9pm (SEE ATTACHED FLYER)
- ◆ **Sunday, February 28th** – Being Jesus
- ◆ **Sunday, March 7th** – Teaching as Jesus
- ◆ **Sunday, March 14th** – Healing as Jesus

Contact US:

Office Phone: (540) 868-1903

Church e-mail: unityshenandoah@verizon.net

On the web:

www.unityoftheshenandoah.org

Church Office Hours:

Mondays, Thursdays and Fridays 11:00am-4:00pm

Tuesdays 9:00am-2:00pm

Minister:

Rev. Airin Wolf

Minister Office Hours:

Mondays, Tuesdays and Thursdays 10:00am-3:00pm

Also Available by appointment
Spiritual Counseling by appointment

Mailing Address:

Unity of the Shenandoah

6460 Valley Pike

PO Box 475

Stephens City, Virginia 22655

Board of Trustees:

Ellen Provost, Margie Youngs,

Sarah Mauck, Anne Morissette

- ◇ **Sunday, March 21st** – Praying as Jesus
- ◇ **Sunday, March 28th** – Palm Sunday; Living as Jesus
- ◇ **Sunday, April 4th** – Easter; Resurrecting as Jesus
- ◇ **Sunday, April 11th** – *The Rhythms of Life*, Jeff Wolf, guest speaker

CHURCH NEWS

◇ **How to send Prayer Requests to the Prayer Team –**

- ✚ Prayer Request Box – Currently, one box is located in the front of the sanctuary. Please clearly write your prayer request on the forms available and place it in the box.
- ✚ Email – Please send prayer requests to our email address (unityshenandoah@verizon.net).
- ✚ Call – Call the office and leave a message (540-868-1903) and it will be forwarded to the prayer team.

◇ **Pastoral Care –**

- ✚ **Rev. Airin is available to visit you at the hospital, pray with you over the phone, or meet with you in person for spiritual counseling.**

◇ **Unity Prayer Chaplains Program Is Coming to US – What is a Unity Prayer Chaplain?**

- ✚ Someone who will hold spiritual space with you.
- ✚ Someone who will lovingly listen from the heart.
- ✚ Someone who will pray with you.
- ✚ Someone who will hold what you share in the strictest confidence.

Our mission is to support our members and congregants on their spiritual journey by praying personally with people after our Sunday services and with monthly “wellness calls” where we offer to pray with people on the telephone. Ask Rev. Airin or Kerstin Budlong if you have any questions about the program or go to <http://www.lightandloveministries.org/PCP/about.htm>.

◇ **What do I do to become a member of Unity?**

Becoming a member is a significant step in one's spiritual life. It is the willingness to learn the power of commitment and the rewards that one can reap by joining a body of like-minded people who support one another in becoming all we are created to be.

In addition, it provides the opportunity of sharing in all that this body of loving people is doing to make a difference in our community and our world.

There are many paths to our soul's unfoldment. Membership is one of those paths. Are you ready to take the next step through membership in this spiritual family? To discover if membership is for you, talk with Rev Airin, pick up a copy of the membership requirements.

- ◇ **Donate flowers or plants:** [Fresh flowers or greenery for the sanctuary](#) - flowers and plants give us the gifts of beauty and the peace of God. They also bring us gifts of love, joy, inspiration, celebration and remembrance. They make us feel good. We will be starting a flower and greenery program to coordinate flower and plant donations for Sunday Services. Fresh flowers, houseplants, or fine silk plants will be most welcome. Donations may be made in thanksgiving, or in honor or memory of someone. If you would like to be a part of this sharing experience, please contact the church office or sign up on the clipboard. For planning purposes, if you intend to donate flowers or plants for a given Sunday, please notify the office by the preceding Wednesday.

- ◆ **Fun Raiser for LCD Projector with DVD** – Help US purchase an LCD Projector with DVD for worldwide Unity events and movies by buying a disc from the poster in the sanctuary for \$20. Give the money to Rev. Airin or Margie Youngs.
- ◆ **The Bookstore annex is going strong.** We have some more of Niki's pottery--very good deals--and a selection of great spiritual books for adults and children, as well as leaflets to curl up with near the fireplace (or heater). Winter is a great time to explore the Christ spirit within; slower pace & fewer distractions. In addition, we have aromatic packets - including smudging materials--for only \$6. As always, the money from every purchase goes directly to the church. *Please let us know of anything you would like the bookstore to feature...we are very open to suggestions.*
- ◆ Rev. Airin's meditation CD entitled, "Spirit Soars," which includes a brief instructional on how to meditate, is now on sale in the bookstore.
- ◆ **Amazon** - Whenever you get that itch to go to Amazon.com to order a book or CD or other goodies, go through our website (www.unityoftheshenandoah.org). A portion of the money you spend comes back to us and is used for the bookstore and the library.
- ◆ **Food Bank** - Don't forget to buy a little extra at the grocery store each time you go to benefit the Lord Fairfax Area Food Bank. Please make sure the items are unopened and are not expired. Giving will open the doors to your good even wider. There is a basket in the narthex to collect items.
- ◆ All Sunday talks are available on CD the week following them being given and can be found in the bookstore. They are \$4.00 each.
- ◆ **Be A Friend To A Feline** – To allow owners to provide for their cats during this time rather than having to give them up for adoption, PetCo is accepting donations of cat food. Bring donations to the church of canned or dry cat food and help a family stay together.
- ◆ **Unity of the Shenandoah Knitting Group** – Join US on the first and third Monday from 7 -9pm for knitting, crocheting, etc. and socializing. To be held at the manse (CommUnity Center). All are welcome including those who want to learn. For more information, contact Christine Wolf at 540-660-5090.
- ◆ **Find US on Facebook** and become a fan. We're listed as Unity of the Shenandoah. You can also find US on **Twitter** as unityshenandoah and follow US.
- ◆ **Prosperity Announcement** – We have created a **Staples Congregant Rewards card**. The church phone number and address are on the front of the card and on the back is a prosperity affirmation you can use in all the areas of your life. Unity of the Shenandoah would benefit and could potentially buy as much as \$1000 worth of office supplies with your help each time you make a purchase at Staples and give them the church phone number when they ask for a rewards card. These cards are available to pick up at the church on Sunday or anytime at the church office.

CLASSES

- ◆ **Life of Prayer Class** Taught by Rev Airin. Saturdays February 20- March 20 @ 10 AM to 12N



This 5 week class will explore the meaning of prayer, forms of prayer and its place in your life. The class will offer fresh ideas on how to connect with your indwelling Christ presence, polish your prayer skills and develop your life of prayer. You'll explore the benefits of the affirmative prayers of Unity, take a closer look at traditional prayers, and even create your own definition of prayer. It is available for SEE credits for becoming a Licensed Unity Teacher. It is a prerequisite for those who may feel called into service as Prayer Chaplains this spring. Required text: *Handbook of Positive Prayer* by Hypatia Hasbrouck and *Teach Us to Pray* by Charles and Cora Fillmore.

ANGEL OPENINGS

- ◆ Can you help out with anything on the church's wish list? This or something better, Thank you God. Contact Rev. Airin or a Board Member.

Wish List

JTEMS:

Shredder

Curtains for office and kitchen window

Dreamweaver software for website (\$395)

LCD projector DVD (Epson \$699 at Best Buy) for worldwide Unity events and movies

CD duplicator so messages are available the Sunday they are given

TJME & TALENT:

One or two people to renovate upstairs bathroom in church (new curtains, paint, etc.) and to paint stairwell

One or two people to help clean out basement of church

e-newsletter editor

- ◆ **Fellowship** – Anne Morissette and her hospitality team always needs your help on Sunday mornings. Ask Anne what you can bring and how you can assist her on Sunday.
- ◆ **Bookstore** – Angels are needed to assist Diana Eldridge, the bookstore manager, on Sunday mornings. Please see Diana or call or email the office to let us know of your interest.
- ◆ **Platform Assistants** – Angels are needed to assist Rev. Airin on the platform during the service. She will train you if you are new to serving in this way. Please sign up on the platform/usher/greeter clipboard.
- ◆ **Greeter/Usher Team** – This team is the first contact people have when coming to Unity. Being part of this team is a wonderful opportunity to make a difference in someone's day and you will be blessed ten fold in return. Do you like to give and receive hugs? That's our main job description. If you are looking to get more connected in our community, be of service, and be blessed in return, please contact Sharon Wiley (swiley@visuallink.com).
- ◆ **Is music a big part of your worship experience?** 🎵 We are always looking for new members for the Unity of the Shenandoah choir. No experience is necessary. If you are interested, see Chris Romich or call the church office.

10TH ANNIVERSARY OF US

- ◆ Rev. Airin is coordinating a team to plan the 10th anniversary of Unity of the Shenandoah. Please contact her if you are interested in being part of the planning team.
- ◆ Ann Underwood Arnold is coordinating and creating a scrapbook for the founding of US. If you have items, pictures, etc. to donate, please contact the church office.

DID YOU KNOW?

- ◆ US has a new mailing address: **PO Box 475, Stephens City, VA 22655-0475**. Please use this address for all future mailings to the church. Thank you.

- ❖ **United Bank** cannot process checks written to be deposited into two different accounts. Please make out a separate check for each fund for which you want to tithe. Thank You.
- ❖ **Prayer Requests** may be left in the prayer box or by calling the office (540-868-1903). Our prayer team welcomes your prayer requests and supports you as you turn to God in time of need and in thanksgiving. It is our privilege to pray with you! Prayer requests then go on to Silent Unity to be prayed for 30 days.
- ❖ **Unity of the Shenandoah is self-supporting and receives no outside funding. Your tithes and gifts help support our ministry and are tax-deductible. We are blessed to have generous people like you, who have made our ministry possible, because of your gifts of time, talent and treasure.**
- ❖ **Detailed financial statements** as well as Board meeting minutes are available at the church. Contact any of the Board of Trustees if you have questions. *We wish to thank all those who continue to contribute their tithes and love offerings each week to enable us to pay our ongoing church operating expenses.*
- ❖ **Unity of the Shenandoah Tithes to AUC and Local Community** Tithing is traditional in many churches, and Unity of the Shenandoah is no exception. Since forming in 2001, US has tithed 10% of its monthly income: half is tithed to the Association of Unity Churches (AUC) and half is tithed to other churches or organizations that do good works in the world and in the local community. A Love Offering was recently given to AUC and CCAP.
- ❖ **Abundance Report – January 2010**

Income

Operating Fund	\$3491.21
Minister Fund	\$ 850.00
Misc.	\$ 368.68
Total	\$4709.89

Expenses

Operating Fund	\$6493.82
Church Mortgage	\$ 764.81
CommUnity Center Mortgage	\$ 1418.55
Total	\$ 8677.18

*Stand firm in the Lord. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your request be made known to God.
Philippians 4:1,6*